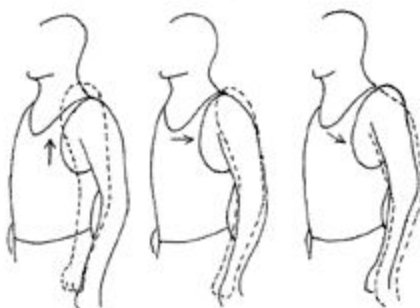


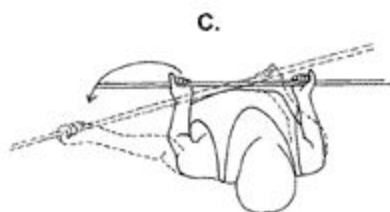
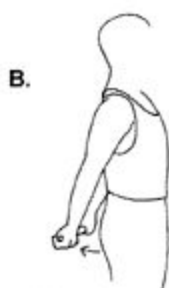
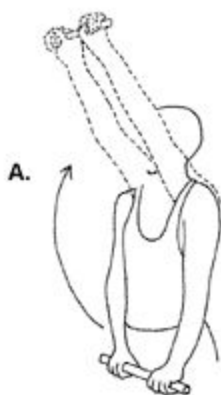


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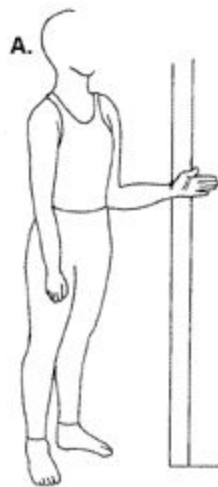
**ROTATOR CUFF EXERCISES**



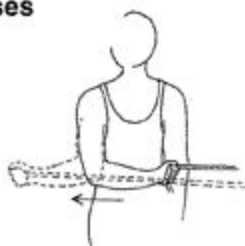
**Scapular range of motion**



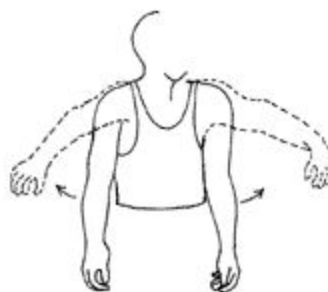
**Wand exercises**



**Isometrics**



**Tubing exercise for external rotation**



**Supraspinatus exercise**

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4215 BURNS RD, SUITE 100, PALM BEACH GARDENS, FL 33410 | 2055 MILITARY TR, SUITE 200, JUPITER, FL 33458  
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